



“Those who hope in the Lord will renew their strength; they will fly up on wings like eagles; they will run and not be tired; they will walk and not be weary...”
– Isaiah 40:31 CEB

Wisdom

Reading and studying Scripture regularly leads us to know God and God’s will for us. Scripture records what the biblical authors heard God saying to them as they listened to the Spirit. It tells of their experiences of God’s deliverance, God’s discipline, God’s grace, and God’s will. It is the primary witness we have to God’s Word that became flesh in Jesus Christ. As we read it, illumined by the Holy Spirit, we hear God speak through it. – From *The Walk* by Adam Hamilton

Scripture Study

- What sticks out to me?
- What did it mean then?
- How does it fit with the character of God?
- What does it say about God, and what does it say about humanity?
- What does it mean now?

Wesleyan Quadrilateral

- Reason
- Experience
- Tradition
- Scripture

Discussion/Journal

In June of 2020, about one-third (31%) of American adults said that realistically they never use the Bible outside of a church service. However, 67.8% are ‘Bible curious,’ meaning they want to learn more about Scripture. – *State of the Bible Report* at <https://sotb.research.bible/>

- What helps you the most to engage with the bible for meaning and understanding?
- When you read the bible on your own, what are you looking to find?
- During the pandemic, the top sources of comfort have been food/TV and prayer/meditation. Which did you gravitate toward (no judgement!)?
- How might the bible help you maintain emotional health?
- What other sources of wisdom do you rely upon?

Visual Notes Tool

Using the example given in class, create a visual note page for each of the following passages:

- 2 Timothy 3:14-17
- Matthew 5:14-16
- John 1:1 and verse 14
- Isaiah 55:8-12

