

Reset – What is this time of staying home teaching us about relationship and connection, slowing down and letting go, care for self and others, laughter and fun. With lessons from personal experiences, biblical stories, suggestions for further reading, and a weekly “reset button” designed to help us move forward with what we value most.

Week 2 – What are we learning about the value of slowing down and letting go?

Breakout Discussion

- first, introduce yourself, go in alpha order and share a bit about the location in your house from where you are participating in today’s class (articles state this helps us “break the ice” in online groups if we don’t know one another)
 - next, the breakout leader will introduce herself and will begin with the following discussion questions:
1. **Can you rephrase Martha’s words in Luke 10:40**, maybe soften the language a bit while still asking for help? Is there a way to be assertive, yet respectful? Re-state her words and share with one another to see what sounds best.
 2. **Read Luke 10:30 and John 11:5**. Bethany was a place of welcome for Jesus. Jesus’ ministry took him from place to place; in Bethany, he had a place where he was welcomed by people he loved. What is a place of refuge for you? Where are you looking forward to going again? Is your home a place your loved ones might gather?
 3. **Read John 11:20-21 and verse 32**. Are we all alike, at heart, if we let go of differences? Describe the sisters’ physical reaction – does this point to their personality traits? Compare verse 21 to verse 32. How does this show that at heart, they are alike? When have you been able to let go of differences to find how you are like someone else?
 4. **Read John 11:27**. How does this sound different than Martha’s earlier frustration about having no help with busy preparations? Even in the midst of fear and grief, Martha offers a confession of faith. What helps you, even now, to trust and believe with faith in God?

Your breakout leader will remind you to return to the main meeting for our closing.